

Health Fair "How To"

State and county organizations, businesses, and associations have community health fairs. If your group, district, or area would like to participate and help carry the Al-Anon/Alateen message of hope, here are a few guidelines that may be helpful!

- **When gathering information about a health fair, inquire about the length of the event, hours, any fees that are required, and the number of attendees. Also verify equipment that is supplied (i.e. table, chairs, etc.).**
- **Prepare a list of volunteers and a schedule to include the day and times each volunteer will serve.**
- **Schedule at least two members to staff the booth at all times if possible.**
- **Plan your display. If your area or district has a display board or can create one, that is a wonderful way to attract attention to your booth space, but it isn't a necessity. If you would like to create one from poster board, something as simple as "Al-Anon: Hope and Help For the Families and Friends of Alcoholics" can be very eye-catching and accurately carries our message. A tablecloth with an attractive display of literature is very nice. A warm, welcoming smile will also draw visitors to your booth space.**
- **Work with volunteers! Maintain a professional appearance and attitude while staffing the booth.**
- **The following is a list of suggested literature you may want to have on your table:**
 - 20 Question leaflets (.02 cents each):**
 - Troubled by Someone's Drinking? Al-Anon Is For You! (S-17)**
 - Did You Grow Up With a Problem Drinker? (S-25)**
 - Is Someone's Drinking Getting to You? Alateen Is For You! (S-20)**
 - Al-Anon/Alateen Contact Card (M-46) .10 cents**
 - Fact Sheet for Professionals (S-37) *Free***
 - Fact Sheet for Professionals - Canadian Edition (S-37c) *Free***
 - How Can I Help My Children? (P-9) .55 cents**
 - To the Mother and Father of an Alcoholic (P- 1 6) .60 cents**
 - Conference Approved Literature Order Form (S- 16) *Free***
 - Back issues of *The Forum* (call your AIS or LDC to see if they have any)**

The most important thing to have on your table is

CURRENT MEETING LIST !!!!

Please remember, these are only suggestions. There are many excellent pieces that would be helpful to include depending on the audience and on your budget.

And finally...

Have fun Carrying the Message