



NEWSLETTER

Remember—when you buy from your local literature distribution center, you support your local services.

AL-ANON FACES ALCOHOLISM 2009

To order literature: email Barbara H at barbarah.afg@gmail.com.



Al-Anon Faces Alcoholism 2009 is an annual outreach publication from Al-Anon. It gives potential newcomers the information that could attract them to Al-Anon, in keeping with Al-Anon's public relations policy of attraction rather than promotion. And by attracting newcomers to our meetings, we energize our own recovery while extending a helping hand to people who need the hope and help that Al-Anon offers. Insert a meeting schedule inside the magazine, so potential newcomers have all the information they need to start on their path of recovery. **Available now. Cost \$0.40.**

Al-Anon Faces Alcoholism 2010 needs you!

Your story is needed to encourage family members to attend an Al-Anon meeting. Writing guidelines are available at www.al-anon.alateen.org/members. Enter Montereyafg as your password.

If in your profession you refer people to Al-Anon or know professionals who do, A Writers Guide for Professionals also is available at www.al-anon.alateen.org/members.

SAVE THE DATE! A DAY IN AL-ANON

FEBRUARY 21, 2009 Marina, CA

For details, including registration form, go to www.ncwsa.org/d24/.

Literature will be available at this all day Al-Anon program. Please contact Barbara H or Kim H if you can help staff the literature table. barbarah.afg@gmail.com or rdrb@mbay.net.

RESOLUTION FOR 2009: WORK ON MY FOURTH STEP

Alateen's 4th Step Inventory: This is the latest version of the Alateen illustrated workbook on Fourth Step topics: Attitude, Love, Feelings, Self-Esteem, Responsibility and Relationships. Updated graphics and illustrations. Workbook format provides meeting topics and room to write! **Only \$4.00. In stock. Order Now (P64).**



We also have the Revised *Blueprint for Progress: Al-Anon's Fourth Step Inventory*. It has a number of new topics including fear, anger, control, intimacy, sex, finances, and spirituality. Spiral bound and 8 1/2 x 11, with room for writing answers. Three-hole punched, so it can fit inside a notebook. **Only \$7.50. In stock. Order Now (P91).**

SMALL GIFTS THAT KEEP ON GIVING



The dear friend who introduced me to Al-Anon gave me as a “birthday” present a copy of One Day at a Time (ODAT), with a hand made cover so that I could read it in public without compromising my anonymity, and a small card to use as a bookmark on which is written the Serenity Prayer. I thank my friend every day as I read my ODAT and the Serenity Prayer. The LDC does not sell book covers (although I hear that some hand made covers may be available at A Day in Al-Anon), but we do have ODAT (**B6**) and the Serenity Prayer cards (**M26**). The ODAT is \$10.00 and the Serenity Prayer bookmark is \$0.08. The introduction to Al-Anon: priceless.



Al-Anon Program Card
 Wallet card with the Suggested Preamble Twelve Steps, Twelve Traditions, and Serenity Prayer. (**M7**)
 Cost \$0.05.

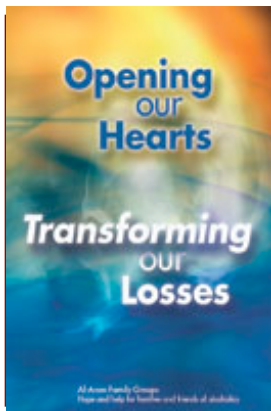


Wallet card. Offers suggestions for making each day special (**M10**).
 Cost \$0.05.



Bookmark. Offers suggestions for making each day special. (**M12**). Cost \$0.10.

BOOKS IN STOCK



Opening our Hearts invites us to acknowledge, understand, and accept the losses we have experienced as a result of someone else’s alcoholism, including death, financial ruin, abandoned dreams, and vanished self-esteem. (**B29**). Cost \$14.00.



How Al-Anon Works, Al-Anon's "basic book" reflects the shared wisdom of Al-Anon members today. The most comprehensive book on Al-Anon is excellent for personal and meeting study. (**B22**). Cost \$13.50.

LITERATURE DEPOT COMMITTEE 2009

Barbara H, Barbara H2, KimH. We need volunteers to make deliveries. Contact KimH at rdrb@mbay.net
 Please send orders to: barbarah.afg@gmail.com (831 915 1666) or mail to: POBox 5566, Carmel, CA 93921.