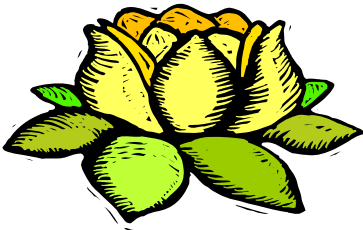


DISTRICT 16 – DAY IN AL-ANON

"CHANGED ATTITUDES AID RECOVERY"

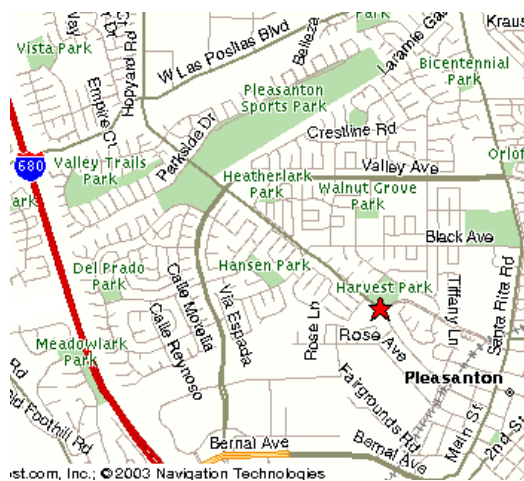
Saturday, April 26, 2008



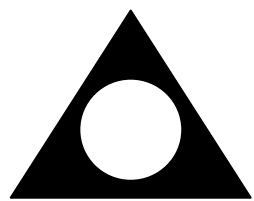
- Early Bird Continental Breakfast 8:00 AM
- Potluck Lunch, please bring a dish to share
- Alateen meeting, ages 12-20 years
- Donation Drawing/Silent Auction
- Childcare is available from 9:00-5:00
- Meditation room is available all day



8:00 AM	Registration SUGGESTED DONATION: \$10.00 ALL CHILDREN / PRE-TEEN AND ALATEEN: "NO CHARGE"			
9:00 AM – 10:15 AM	It's All About Me	Attitude Adjustment: Laugh your way To Serenity	Reparenting Ourselves in Recovery: An Adult Child Focus	The Losses of Addiction: Finding Hope
10:25 AM – 11:40 AM	Child Addiction and the Parent Trap... Staying Sane in an Insane World	Changed Attitudes Through the Steps	FEAR: Face Everything And Recover	Clueless About Concepts No More
ALATEEN ROOM OPEN ALL DAY				
12:00 Noon	Potluck Lunch, Donation Drawing and Noon Entertainment			
1:35 PM – 2:50 PM	The Gratitude Game	Open Al-Anon Meeting in the Fellowship Hall	Lessons of Service: Recovery in 3-D	You Can't Make Me Angry A Workshop for Couples In Recovery
3:00 PM	Al-Anon Speaker: Leslie N. – Olympia, WA			
	Alateen Speaker: KT – Pleasanton, CA AA Speaker: Bill M.			



LOCATION:
**TRINITY LUTHERAN CHURCH
1225 Hopyard Road
Pleasanton, CA 94566**



Al-Anon Family Groups

For further information please call
Heidi (925) 413-3126 or Karin (925) 519-6362

Or e-mail Heidi at heidramor@yahoo.com



Note: District 16 Day In Al-Anon abides by the
NCWSA Requirement for Alateen Member Safety.