



District 14 Day in Al-Anon with AA Participation



From Life in a Maze to An Amazing Life!

Saturday, February 10, 2007

Come join us for a day of Recovery and Fellowship...

Childcare will be available.

<i>8:00 a.m.</i>	<i>Registration - Suggested Donation: \$8.00/Alateens \$4.00</i>	<i>Coffee & light breakfast</i>
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<u><i>Time</i></u>	<u><i>Fireside Room</i></u>	<u><i>Lamm Hall</i></u>	<u><i>The Chapel</i></u>	<u><i>Bill's Place</i></u>
<i>9:00 - 10:30</i>	<u><i>Meditation Workshop</i></u> <i>Rendezvous with a Higher Power</i>	<i>Breaking the Silence and Finding Intimacy</i>	<i>Emotional Sobriety I Given by Polly P.</i>	<i>AA Meeting</i>
<i>10:45 - 12:15</i>	<i>Anger not Transformed is Anger Transferred</i>	<i>Forgive or Relive</i>	<i>Emotional Sobriety II Given by Polly P.</i>	<i>AA and Al-Anon on the 4th Step</i>

<i>12:15 - 1:45</i>	<i>Potluck Lunch *Please bring a dish to share* A Variety of Entertainment and Donation Drawing</i>
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<i>2:00 - 3:30</i>	<i>Grace and Integrity</i>	<i>NCWSA Alateen Sponsorship Workshop Commitment Consistency Compassion</i>	<u><i>Sponsorship Panel</i></u> <i>In Order to Keep It, You Have to Give It Away</i>	<u><i>AA Panel</i></u> <i>AA Talks about Alcoholism</i>
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<i>3:45 - 6:00 Speaker Meeting</i>	<i>Alateen Speaker: Camilla from Vacaville, CA AA Speaker: Fernando S. from Concord, CA Al-Anon Speaker: Polly P. from Birch Bay, WA</i>
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For more info please contact:

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San Ramon Valley
Methodist Church
902 Danville Boulevard
Alamo, CA 94507

Directions: From 680 South, use the El Cerro Blvd. exit, make a left under the overpass, turn right on Danville Blvd. The church will be on the right-hand side. From 680 North, use Stone Valley West exit, at the light turn left on Danville Blvd. The church will be on the left-hand side.